

Corelife Eatery Menu & Prices

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Prices updated August 2026, 100 Marketplace Dr #520, Rochester location. Prices vary by location.

SIZZLEBOWLS

Item	Price
Teriyaki Sizzle	\$14.45
Korean Sizzle	\$15.45
Kung Pao Tofu Sizzle	\$14.45
Kung Pao Chicken Sizzle	\$14.45
BBQ Ranch Sizzle	\$14.45
Buffalo Sizzle	\$14.45

CORE CLASSICS

Item	Price
Southwest Chicken & Purple Rice	from \$12.45
Steak Bacon & Bleu	from \$12.65
Spicy Thai Chicken & Rice Noodles	from \$12.15
Tuna Poke Fire	from \$13.95
Greek Chicken & Quinoa	from \$12.15
Chicken Cobb	from \$12.45
Tri-Tip Steakhouse	from \$13.95
Sriracha Ginger Tofu & Grains	from \$10.75
Kale Caesar Chicken	from \$12.15
Chicken Tortilla Chipotle Broth Bowl	\$14.85
NEW! Warm Bacon Honey Mustard Chicken	from \$11.25

WRAPS

Item	Price
Caesar Chicken Wrap	\$12.95
Southwest Chicken Wrap	\$13.55
Saucy Buffalo Ckn Wrap	\$12.95
Steak Bacon Wrap	\$13.95
Saucy Ranch Ckn Wrap	\$12.95
Chicken Cobb Wrap	\$13.55
Spicy Thai Ckn Wrap	\$12.95
Srcha Ginger Tofu Wrap	\$11.85
Greek Chicken Wrap	\$12.95

WRAPS

Item	Price
Korean BBQ Pork Wrap	\$13.95

DINNER BOX

Item	Price
THE BOX - STEAK	\$17.45
THE BOX - KOREAN BBQ PORK	\$15.95
THE BOX - TOFU	\$15.95
THE BOX - CHICKEN	\$15.95

SMOOTHIES

Item	Price
Chocolate Cashew	from \$9.25
Strawberry Banana	from \$9.25
Green	from \$9.25
Matcha Green Tea	from \$9.25
Mango	from \$9.25
Berry	from \$9.25

BUILD YOUR OWN

Item	Price
Large Bowls	from \$10.65
Regular Bowls	from \$9.15
Wraps	from \$9.15

CHOOSE TWO

Item	Price
Choose Two	-

SPECIALTY BOWLS

Item	Price
Sweet Potato Buddha Bowl	\$11.95

BROTH BOWLS

Item	Price
Chicken Broth	-
Chicken Chipotle Broth	-
Vegetable Broth	-

BROTH BOWLS

Item	Price
Chicken Tortilla & Chipotle	\$14.85
Beef Broth	-

TACOS

Item	Price
Greek Chicken Taco	\$5.45
Chicken Fajita Taco	\$5.95
Steak Fajita	\$6.95
Buffalo Chicken Taco	\$5.45

KIDS MENU

Item	Price
Kids Chicken Tacos (2)	\$7.65
Kids Chicken Quesadilla	\$7.65
Kids Plate	\$7.65

SOUPS

Item	Price
BROCCOLI CHEDDAR	from \$7.00
TOMATO BISQUE	from \$7.00

SIDES

Item	Price
Sweet Potato	\$4.95
Orig Mac & Cheese (GLUTEN)	\$4.95
Roasted Rosemary Potato	\$5.00
Buffalo Ckn Mac & Cheese (GLUTEN)	\$5.95
Korean Pork Mac & Cheese (GLUTEN)	\$5.95
Korean Brussels Sprouts	\$4.50

BEVERAGES

Item	Price
Bottled Water Options	-
Bai Drinks	-
Spindrift Sparkling Water	-