

# Urban Plates Menu & Prices

[fastfoodmenuprices.com](http://fastfoodmenuprices.com)

Prices updated July 2026, Irvine, CA location. Prices vary by location.

## Plates

| Item                                | Price   |
|-------------------------------------|---------|
| Grilled Grass Fed Steak             | \$24.99 |
| Grilled Cage Free Chicken           | \$20.99 |
| Chimichurri Grass Fed Steak         | \$25.99 |
| Chicken Tender Plate                | \$16.99 |
| Grilled Sustainable Salmon          | \$24.99 |
| Blackened Sustainable Salmon        | \$24.99 |
| Grilled BBQ Pork Ribs               | \$28.99 |
| Surf & Turf                         | \$29.99 |
| Roasted Barramundi Seabass          | \$22.99 |
| Seared Wild Ahi Tuna                | \$22.25 |
| Garlic Shrimp W. Parmesan Butter    | \$20.99 |
| 6 Tender Feast                      | \$30.50 |
| Grilled Organic Tofu w. chili glaze | \$16.99 |
| Sides Plate                         | \$15.99 |

## Salads

| Item                              | Price   |
|-----------------------------------|---------|
| Chicken Cobb Salad                | \$19.99 |
| Thai Chicken Noodle Salad         | \$19.99 |
| Chopped Caesar Salad              | \$15.99 |
| Grilled Chicken Mixed Berry Salad | \$20.99 |
| Southwest Grilled Chicken Salad   | \$19.99 |
| Grilled Steak Salad               | \$23.25 |
| Niçoise Salad                     | \$19.99 |
| Soup & Salad Combo                | \$11.99 |
| Mixed Beet Salad                  | \$17.99 |
| Classic House Salad               | \$15.99 |

## Bowls & Soups

| Item                    | Price   |
|-------------------------|---------|
| Beef & Mushroom Braise  | \$18.99 |
| Moroccan Chicken Braise | \$16.99 |

## Bowls & Soups

| Item                             | Price   |
|----------------------------------|---------|
| Beets + Avocado Plant Based Bowl | \$15.99 |
| Chicken Tortilla Soup            | \$6.00  |
| Tomato Basil Soup                | \$6.00  |

## Burgers

| Item                              | Price   |
|-----------------------------------|---------|
| Classic Cheeseburger + Fries      | \$15.99 |
| Avocado Cheeseburger + Fries      | \$17.99 |
| Bacon Cheeseburger + Fries        | \$17.50 |
| BBQ Jalapeño Cheeseburger + Fries | \$16.99 |

## Sandwiches & Wraps

| Item                               | Price   |
|------------------------------------|---------|
| Caesar Wrap                        | \$15.99 |
| Turkey Avocado Club Sandwich       | \$19.50 |
| Grilled Grass Fed Steak Sandwich   | \$19.50 |
| Cage Free Chicken Club Sandwich    | \$18.99 |
| Grilled Cage Free Chicken Sandwich | \$15.50 |
| Crispy Chicken Sandwich + Fries    | \$15.99 |
| Half Sandwich Combo                | \$12.50 |

## Family Meals

| Item                                     | Price   |
|------------------------------------------|---------|
| Grilled Grass Fed Steak Family Meal      | \$88.99 |
| Grilled Sustainable Salmon Family Meal   | \$88.99 |
| Blackened Sustainable Salmon Family Meal | \$88.54 |
| Seared Wild Ahi Tuna Family Meal         | \$82.99 |
| Grilled Cage Free Chicken Family Meal    | \$71.25 |
| Chicken Tender Family Meal               | \$71.25 |

## Kids Meals

| Item                            | Price   |
|---------------------------------|---------|
| Kids Chicken Tender Plate       | \$12.50 |
| Kids Grilled Grass Fed Steak    | \$14.99 |
| Kids Sustainable Grilled Salmon | \$15.99 |
| Kids Grilled Cage Free Chicken  | \$12.50 |

## Kids Meals

| Item                   | Price   |
|------------------------|---------|
| Kids Macaroni & Cheese | \$10.50 |

## Sides

| Item                                         | Price  |
|----------------------------------------------|--------|
| Slice Grilled Rustic Bread                   | \$1.50 |
| Chili Lime Corn on the Cob                   | \$6.50 |
| Roasted Mushrooms W. Garlic Parmesan Butter  | \$7.50 |
| Broccolini                                   | \$6.50 |
| Yellow Basmati Rice                          | \$6.50 |
| Roasted Brussels Sprouts W. Balsamic Glaze   | \$6.50 |
| Rainbow Carrots & Golden Beets               | \$6.50 |
| Organic Red & White Quinoa W. Tomato Pesto   | \$6.50 |
| Herb Roasted Marble Potatoes                 | \$6.50 |
| French Fries                                 | \$6.50 |
| Truffle Parmesan Fries                       | \$8.50 |
| Mashed Organic Potatoes                      | \$6.50 |
| Macaroni & Cheese w. garlic parm breadcrumbs | \$6.50 |
| Beet Salad W. Goat Cheese                    | \$6.50 |
| Side Classic House Salad                     | \$7.00 |
| Side Caesar Salad                            | \$7.00 |
| Potato Chips                                 | \$3.50 |

## Protein Sides

| Item                                  | Price   |
|---------------------------------------|---------|
| Side Grilled BBQ Pork Ribs            | \$19.50 |
| Side Grilled Grass Fed Steak          | \$13.50 |
| Side Grilled Sustainable Salmon       | \$13.50 |
| Side Blackened Sustainable Salmon     | \$13.50 |
| Side Roasted Barramundi Seabass       | \$12.25 |
| Side Seared Wild Ahi Tuna             | \$11.50 |
| Side Garlic Shrimp W. Parmesan Butter | \$8.25  |
| Side Grilled Cage Free Chicken        | \$10.50 |
| Side Crispy Chicken Tender            | \$6.25  |
| Side Chili Glazed Grilled Tofu        | \$7.50  |

## Desserts

| Item                         | Price  |
|------------------------------|--------|
| Flourless Chocolate Cake     | \$9.50 |
| Banana Cream Pie             | \$8.50 |
| Hummingbird Cake             | \$9.50 |
| Gluten Free Chocolate Cookie | \$4.99 |
| Chocolate Chunk Cookie       | \$4.99 |
| Cowgirl Cookie               | \$4.99 |
| Strawberry Shortcake         | \$9.50 |
| Mango Tart                   | \$9.50 |
| Chocolate Vanilla Layer Cake | \$9.50 |

## Beverages

| Item                                        | Price  |
|---------------------------------------------|--------|
| Stubborn Soda                               | \$5.00 |
| Watermelon Pineapple Mint Basil Replenisher | \$6.25 |
| Strawberry Basil Lemonade                   | \$6.25 |
| Dragon Fruit & Strawberry Replenisher       | \$6.25 |
| Cantaloupe Pineapple Mango Replenisher      | \$6.25 |
| Pineapple Coconut Lime Replenisher          | \$6.25 |
| Lemonade                                    | \$6.25 |
| Arnold Palmer                               | \$6.50 |
| Organic Iced Tea                            | \$5.25 |
| Kombucha                                    | \$7.50 |
| Water                                       | \$4.50 |

## Party Favorites

| Item                   | Price   |
|------------------------|---------|
| Assorted Sandwich Tray | \$82.50 |
| Classic House Salad    | \$35.00 |
| Chopped Caesar Salad   | \$42.00 |
| Caribbean Salad        | \$45.00 |
| Mixed Beet Salad       | \$45.00 |