

Salata Menu & Prices

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Prices updated July 2026, Katy, TX location. Prices vary by location.

Entrees		
Item	Price	Calories
Regular Salad	\$13.90	
Small Salad	\$12.60	
Wrap	\$13.00	
Caesar Salad	-	
Caesar Wrap	-	
Jalapeño Avocado Salad	-	
Harvest Salad	-	
Greek Salad	-	
Cobb Salad	-	
Kids Meal - Protein	\$10.15	
Southwest Salad	-	
Southwest Wrap	-	
Kids Meal - No Protein	\$10.15	
Mediterranean Veggie Wrap	-	
Baja Watermelon	-	

Soups & Sides		
Item	Price	Calories
Tomato Basil Soup	\$5.70	250
Bottled Dressings	\$10.15	
Chicken Tortilla Soup	\$5.70	100
Add Croissant	\$1.60	
Add Baked Pita Strips	\$1.60	
Add Avocado	\$2.55	
Seasonal Fruit Cup	\$5.10	

Desserts		
Item	Price	Calories
White Chocolate Macadamia Cookie	\$1.90	
Chocolate Chunk Cookie	\$1.90	190
Oatmeal Raisin Cookie	\$1.90	170
Lemon Blueberry Cookie	\$1.90	

Drinks

Item	Price	Calories
Strawberry Lemonade	\$3.50	
Diet Coke	\$3.80	
Peach Lemonade	\$3.50	150
Coke Zero	\$3.80	
Citrus Ginger Green Tea	\$3.50	
Sprite	\$3.80	
Dr. Pepper	\$3.80	
Coke	\$3.80	
Iced Tea	\$3.50	
Bottled Water	\$3.20	
Sweet Tea	\$3.50	
Classic Lemonade	\$3.50	
Sparkling Water	\$4.45	
Rambler - Blackberry	\$3.20	
Rambler - Lemon Lime	\$3.20	
Rambler - Satsuma	\$3.20	
Rambler - Wild Cherry	\$3.20	