

Metro Diner Menu & Prices

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Prices updated July 2026, Columbus, GA location. Prices vary by location.

Pancakes & Waffles

Item	Price	Calories
Cinnamon Roll Pancakes	\$11.59	1740
Belgian Waffle	\$9.39	720
Fruity Waffle	\$10.99	850
Metro Pancakes	\$9.19	820
Croissant French Toast	\$12.69	1040

Breakfast Favorites

Item	Price	Calories
Bissell Breakfast	\$13.79	
Fried Chicken & Waffle	\$18.69	2170
Steak & Scramble Bowl	\$17.29	800
Meat Lover's Scramble Bowl	\$13.99	
Biscuits & Sausage Gravy	\$14.29	1780
Avocado Toast	\$10.69	480
Oatmeal Breakfast	\$6.99	630
Bacon Avocado Scramble Bowl	\$13.99	830
Southwest Scramble Bowl	\$13.99	820
Huevos Rancheros	\$14.89	1530

Eggs & Omelets

Item	Price	Calories
Three Egg Breakfast	\$12.79	
Meat Lovers Omelet	\$14.09	
Two Egg Breakfast	\$12.49	
Eggs, Side & Toast	\$10.29	
Protein Breakfast	\$12.89	
Western Omelet	\$14.09	
Veggie Omelet	\$14.09	
French Toast Breakfast	\$16.29	
Croissant French Toast Breakfast	\$17.39	

Burgers & Sandwiches

Item	Price	Calories
Metro Club	\$16.89	1210
Breakfast Burger	\$16.09	1190
Avocado Breakfast Sandwich	\$13.09	1130
Classic Burger	\$13.99	710
Philly Cheesesteak	\$15.39	
Bacon, Egg & Cheese Croissant	\$10.99	710
Spicy Honey Chicken Biscuit	\$9.19	480
Fried Chicken Sandwich	\$13.99	880
Double Decker BLT	\$14.29	720
Spicy Honey Chicken Sandwich	\$12.69	530
Chicken Salad Croissant	\$12.89	610
Grilled 3 Cheese	\$9.19	560
BBQ Bacon Burger	\$15.79	730

Starters

Item	Price	Calories
Cheese Fries	\$10.29	1140
Onion Rings	\$10.29	
Fried Cheese Curds	\$10.99	840
Poutine	\$10.99	530

Entrée Salads & Soups

Item	Price	Calories
CHICKEN TENDER SALAD	\$13.59	800
CHICKEN CAESAR SALAD	\$13.59	720
CAESAR LARGE	\$10.29	
CAESAR SMALL	\$5.49	
SALAD LARGE	\$10.29	
SALAD SMALL	\$5.49	
BOWL OF CHICKEN NOODLE	\$6.59	
CUP OF CHICKEN NOODLE	\$4.39	

Lunch & Dinner Favorites

Item	Price	Calories
Steak Tips	\$17.59	700
Fish & Chips	\$16.49	1020

Lunch & Dinner Favorites

Item	Price	Calories
Half Rack BBQ RIBS	\$18.69	
Metro Shrimp & Grits	\$19.79	
Full Rack BBQ RIBS	\$23.09	
Ribs & Chicken combo	\$21.99	
Fried Chicken Plate	\$18.69	2190
Iron City Meatloaf	\$15.79	940
Chicken Tender Plate	\$14.69	1070
Chicken Pot Pie	\$14.69	990
Roasted Turkey Plate	\$15.99	940
Shepherd's Pie	\$14.69	830
Teriyaki Salmon Bowl	\$18.59	
Tangy Chicken Bowl	\$12.89	
Loaded Burger Bowl	\$13.99	950
Teriyaki Steak Bowl	\$15.99	
Teriyaki Salmon Plate	\$18.69	820

Family Meals

Item	Price	Calories
Fried Chicken & Waffles for 4	\$53.99	
Fried Chicken for 4	\$53.99	
Iron City Meatloaf for 4	\$61.69	
Chicken Tenders for 4	\$53.99	
Roasted Turkey for 4	\$61.69	
Boneless Wing Pack	\$48.49	
The Bissell Platter for 4	\$49.59	
Chicken Biscuits for 4	\$29.79	
House Salad for 4	\$13.29	
Caesar Salad for 4	\$13.29	
Freshly Brewed Coffee	\$27.59	
Freshly Brewed Iced Tea	\$16.59	
Lemonade	\$16.59	
Apple Juice	\$15.49	

Desserts

Item	Price	Calories
CHOCOLATE CAKE	\$6.59	

Sides

Item	Price	Calories
MASH POTATOES & GRAVY	\$4.39	
MASH DRY	\$3.69	
MACARONI and CHEESE	\$4.79	
GREEN BEANS	\$4.39	
FRUIT	\$4.79	
FRENCH FRIES	\$4.39	
COLESLAW	\$4.39	210
BROCCOLI	\$4.39	
TURK LINKS	\$4.39	
TOAST	\$3.09	
SAUSAGE GRAVY SMALL	\$3.69	
SD BISCUIT & GRAVY	\$7.69	
SAUSAGE GRAVY LG	\$4.39	
PATTYS	\$4.39	
LINKS	\$4.39	
HOME FRIES	\$4.39	
HASHBROWNS	\$4.39	240
HAM STEAK	\$4.19	
GRITS	\$3.29	
FRUIT BOWL	\$6.59	
CHEESE GRITS	\$3.89	
CANADAN BACON	\$4.39	
BOWL GRITS	\$3.69	
BOWL CHEESE GRITS	\$4.99	
BACON CRISPY	\$4.39	
BACON	\$4.39	
3 EGG'S	\$4.99	
2 EGG'S	\$3.39	
2 BISCUITS	\$4.09	
1 EGG	\$1.69	
1 BISCUIT	\$2.09	
STUFFING	\$4.39	

Kid's Menu

Item	Price	Calories
KID'S BISSELL	\$8.29	
KID GRILLED CHEESE	\$6.59	
KIDS CHICKEN & WAFFLES	\$9.69	
KIDS MAC & CHEESE	\$6.59	
KID PANCAKES	\$5.29	
KID'S PLATTER	\$7.69	
KID'S TENDERS	\$7.69	
KID'S WAFFLE	\$5.49	

Beverages

Item	Price	Calories
Cold Brew with Cold Foam	\$4.79	
Freshly Ground Coffee	\$4.09	0
Cold Brew (No Foam)	\$3.89	
Diet Coke	\$4.09	
Coke	\$4.09	
Coke Zero	\$4.09	
Sprite	\$4.09	
Lemonade	\$4.09	
Freshly Brewed Iced Unsweetened Tea	\$4.09	
Freshly Brewed Iced Sweet Tea	\$4.09	
Milk	\$3.99	260
Chocolate Milk	\$3.99	340
Large Apple Juice	\$4.39	
Large Cranberry Juice	\$4.39	
Large Orange Juice	\$4.39	
Large Grapefruit Juice	\$4.39	
Large Pineapple Juice	\$4.39	

Menu

Item	Price	Calories
Blueberry Lemon Waffle	\$12.09	
Blueberry Lemon Pancakes	\$12.09	
Blueberry Lemon Bread Pudding	\$6.99	
Chicken Parmesan	\$13.19	990
Blueberry Lemonade	\$4.39	

